

Intimate surgery

Intimate surgery includes surgical procedures on the vulva and vagina that are not medically prescribed but are desired by the patient. We provide advice to patients who have complaints of discomfort during sexual intercourse after childbirth or who are unsettled by the appearance of the intimate area. Such discomfort can be very stressful on various levels. We are professional highly experienced gynecologists that provide services to explain and demystify gynecological pains and to offer treatment options accordingly.

Labiaplasty / labia correction

The demand for labiaplasty has increased worldwide in recent years. The most common request from patients concerns the size of the inner labia (labia minora). The labia minora that protrudes significantly beyond the labia majora can cause severe discomfort during general physical activities, including sex. It can also be perceived as unattractive and lower self-confidence.

Labiaplasty should only be performed by experienced gynecologists who provide holistic treatments and focus on natural results. This is the only way to avoid striving for a misunderstood norm.

Reasons for the intervention

- Congenital malformations
- Changes after birth or menopause
- Negative body awareness
- Pain (e.g. during various sports or sexual intercourse)

Procedure

Labiaplasty is performed under short anesthesia in the outpatient clinic. Typically, the procedure takes only a few hours and recuperation is about three days.

The cost is CHF 1700, with an additional CHF 1700 for the anesthesiologist and the surgery center. These costs are not covered by health insurance.

Perineal reconstruction after births

After births, women often feel significantly changed around the genitals. This may be due to perineal tears or incisions, or simply due to slackening of the vaginal wall (see also Femilift), which does not allow for complete well-being after healing. Here, too, holistic consultation is essential. The topics of pelvic floor, sexuality and aesthetics merge smoothly. Surgical reconstruction of the perineum and tightening of the vaginal skin may also be enhanced.

The cost is CHF 1700, with an additional CHF 1700 for the anesthesiologist and the surgery center. Once the costs have been approved, the health insurance company may cover the costs.