

Vaginal laser (Femilift)

The vaginal mucosa changes under the influence of hormones: it typically becomes drier and flabbier with menopause or post-labor (laxity). This is accompanied by various issues that affect sexuality, such as pain or reduced sensitivity during intercourse. Involuntary leakage of urine is another symptom, as the urethra is less supported by the vaginal wall. Laser treatment is an effective, low-pain, and hormone-free treatment option. The vaginal mucosa becomes firmer, thicker and better supplied with blood again. It helps alleviate these symptoms whether they were caused by menopause, hormone deficiency related to cancer therapy and post-labor conditions. This specialized treatment is performed in our practice.

(Interview with Dr. Bettina von Seefried in the Health Guide)

Reasons for the treatment

- Vaginal dryness during menopause or after chemotherapy (alternative to hormone therapy)
- Stress Urinary Incontinence (SUI)
- Changed body sensation
- Recurring vaginal infections
- Issues after childbirth
- Vaginal tightening
- Lichen Sclerosus

Implementation

3 treatments at intervals of four weeks

The total cost is CHF 1800. The treatment is not covered by health insurance.